



Derrick Cook MAEdC, CMHC

I have been working with children, adolescents and their families as a Mentor, Life Coach, Educator, School Counselor and Clinical Therapist for the past 25 years. I began my career working with adolescents in Youth Corrections. I have been a Lead Therapist/Clinical Director Educator and a School Counselor in a variety of settings: including a Therapeutic Boarding School, Wilderness Treatment and Out Patient Treatment Programs. I have enjoyed the complexities of working with hundreds of adolescents and their families from all over the Nation. I returned to Moab and started my Private Practice about 16 years ago and have found the most satisfaction working with and serving the people in my home town. I grew up here and I understand the challenges of growing up in this community. I look forward to working with you! Feel free to call or email me at 435-719-4888/ cookd@grandschools.org

Below is a list of specialties I have acquired over the past 25 years of practice.

Behavioral problems:	ADHD/ODD, Conduct Disorder
Mood Disturbances:	Depression/Bipolar, Anxiety, Anger
Addictions:	Alcohol/Drugs, gambling, sex/porn
Relationships:	Marital, Parent/Child conflict/co-dependency/DV
Life Coaching:	Low Self Worth/Esteem, Career Development
Assessments:	Personality, Substance Abuse, Career Development
Academic/Career:	SDS, aptitude/personality tests/Vocational Rehabilitation



Kyle Dern began working in mental health with adolescents, young adults, and families in 2011 in wilderness therapy, and has since worked in a variety of therapeutic contexts before arriving at Grand County High School. In Grand County School District, Kyle works alongside Kelly Vagst at HMK and Stefanie Biron at Grand County Middle School to support students and their families as each person may need. This may include one-on-one support, small groups, family therapy, working with horses in equine-assisted psychotherapy, neurofeedback, or simply offering a safe, non-judgmental space for young people to explore their worldview and sense of self. Services are accessible for any enrolled in Grand County School District.

Kyle Dern is a Licensed Associate Marriage and Family Therapist, and is certified in Gestalt Psychotherapy and Gestalt Equine Psychotherapy. Additionally, he is a trained neurotherapist through EEG Education and Research and practices neurofeedback. If you would like to learn more please contact the GCHS Counseling Center at 435-719-4895 or email Kyle directly at dernk@grandschools.org.