

# Grand County School District

## H.S. & M.S. LUNCH

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May 1, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
	May - 1  CHICKEN AND NOOD SALAD, TOSSED STRAWBERRY CUP* PEAR STRING CHEESE COTTAGE CHEESE WHEAT ROLLS RANCH DRESSING MARGARINE^ CHOCOLEANA CAKE MILK	May - 2  CTRY FRIED STEAK BRD CHICKEN BRST MASH POTATOES* GRAVY, WHITE CARROTS* BROCCOLI* APPLE ,SLICES WHEAT ROLLS CHOCOLATE CHIP C MILK	May - 3  CHICKEN FAJITAS CHEESE, GRATED BEAN & CHEESE QU REFRIED BEANS SPANISH RICE* PEACH CUP* LETTUCE/TOMATO*^ TORTILLA CHIPS* SALSA BERRIES & YOGURT MILK	May - 4  SLOPPY JOES GARDEN BURGER POTATO WEDGES*^ COTTAGE CHEESE PINEAPPLE* CUCUMBER, CARRO PEAR APPLES, SLICES KETCHUP* PUDDING MILK
May - 7  TST CHEESE SAND. TOASTED HAM & CH SOUP, TOMATO SUN CHIPS VARIETY CARROTS & SWEET ORANGES*+ CRACKERS RANCH DRESSING SNAKIN BARS MILK	May - 8  MEATBALL SANDWIC GARDEN BURGER TATOR TOTS PEAR FRESH VEGGIES BERRIES & YOGURT GRAHAM CRACKERS MILK	May - 9  ENCHILADA CASS. CHEESE ENCH. SPANISH RICE* REFRIED BEANS* FRUIT CUP LETTUCE/TOMATO*^ SALSA TORTILLA CHIPS* BROWNIES MILK	May - 10  PIZZA HAM & PIN. HS PIZZA CHEESE PIZZA PEPPERONI H PIZZA CHEESE VEG PIZZA SUPREME HS MARINATED SALAD COTTAGE CHEESE APPLES W DIP* APPLES, SLICES PINEAPPLE & BANA CHERRY CRISP MILK	May - 11  TUNA SANDWICH HAM & CHSE SAND. SUN CHIPS VARIETY LETTUCE TOMATOES STRING CHEESE CUCUMBER, CARRO ORANGE* APPLES, Fresh MAYONNAISE MUSTARD CHOCOLATE CHIP C MILK
May - 14  BARBEQUE PORK SA FISH SANDWICH FRENCH FRIES*+ FRESH VEGGIES FRUIT CUP APPLE ,SLICES PUMPKIN BAR KETCHUP* TARTAR SAUCE NIC MILK	May - 15  CHEF SALAD CHEF SALAD, VEG WHEAT ROLLS RANCH DRESSING STRAWBERRY CUPS GRAHAM CRACKERS MILK	May - 16  CHILI CHILI VEGETARIAN CORN CHIPS,*^ CUCUMBER, CARRO LETTUCE/TOMATO*^ CHEESE, GRATED PEACH CUP* ORANGE CINNAMON ROLLS MILK	May - 17  TACOS BEEF * BEAN TACO SPANISH RICE* REFRIED BEANS* CHEESE, GRATED LETTUCE/TOMATO*^ STRAWBERRIES SALSA GINGERBREAD CAK MILK	May - 18  TUNA SANDWICH TURKEY SANDWICH PASTA SALAD VEGE SUN CHIPS VARIETY FRUIT BITS*+ LETTUCE TOMATOES CARROTS, BABY MAYONNAISE PACKE MUSTARD CHOCOLATE CHIP C MILK

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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May 1, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
May - 21  CHICKEN SANDWICH FISH SANDWICH TATOR TOTS COLESLAW PEACH CUP* LETTUCE TOMATOES MAYONNAISE TARTAR SAUCE NIC KETCHUP* PUDDING GRAHAM HONEY BE MILK	May - 22  TOSTADO BEAN TOSTADO BEAN & B GUACOMOLE SPANISH RICE* ORANGES*+ STRAWBERRY CUPS CHOCOLEANA CAKE SALSA MILK	May - 23  MINI LASAGNA BITES MINI LASAGNA BITES SPINACH SALAD GREEN BEANS* APPLESAUCE WHEAT ROLLS PEACH COBBLER MARGARINE^ MILK	May - 24  PIZZA HAM & PIN. HS PIZZA CHEESE PIZZA PEPPERONI H PIZZA CHEESE VEG PIZZA SUPREME HS MARINATED SALAD COTTAGE CHEESE APPLES W DIP* APPLES, SLICES PINEAPPLE & BANA BERRIES & YOGURT GRAHAM CINN. BEA MILK	May - 25  CORN DOG^ CORN DOG PASTA SALAD VEGE RANCH DRESSING TATOR TOTS APPLE ,SLICES MUSTARD KETCHUP* CHERRY CRISP STRING CHEESE MILK
May - 28  HOLIDAY	May - 29  CHICKEN STRIP MAC & CHEESE BROCCOLI* FRUIT BITS*+ WHEAT ROLLS PUDDING GRAHAM CRACKERS MILK	May - 30  NACHOES NACHOES SALAD, TOSSED RANCH DRESSING CANTALOUPE* SALSA, FRESH JELLO WITH FRUIT MILK	May - 31  HOGI SANDWICH HOGI, VEGETARIAN SUN CHIPS VARIETY LETTUCE ORANGES*+ APPLES, SLICES FAT BOY JR. MAYONNAISE MUSTARD POTATO SALAD CHEESEBURGER GARDEN BURGER KETCHUP* PICKLES, DILL MILK	

^ refers to vegan meals no meat, dairy cheese  
\* refers to Gluten Free items

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