

ACTIVITIES: WHAT CAN A MENTOR AND STUDENT DO TOGETHER?

- Research and talk about famous people who used their abilities to get ahead
- Make greeting, get well, or holiday cards to give to other people
- Interest the mentee in games, math, and different books each week
- Look at magazines for students with low reading levels; they offer many things to talk about and help the student with self-expression
- Share your own life experiences
- Tell the mentee about your work and how you reached this position
- Remember the mentee with a card or a little cake on his or her birthday
- Just talk together for an hour
- Attend the holiday concert or other school activities
- Share your school experiences when you were the same age
- If a student has trouble sitting still, let him or her work off energy by running in the gym for the first half-hour of the meeting, then play computer games together for the second half-hour
- Bring a proverb a week to discuss
- Bring in construction paper, scissors, glue, and magazines with lots of pictures, and have the student create a collage about himself or herself
- Read the newspaper together
- Play a musical instrument or learn one together
- Color
- Work on the computer at school
- Play sports or discuss your favorite
- Play chess and/or games; stress following rules and good sportsmanship
- Write stories together
- Fly a kite
- Walk outside to the playground or sit under a tree
- Have a picnic outside

- Build a model
- Plan an activity with another mentor and mentee
- Listen, listen, listen
- Just be a friend
- Bring in a photo album from home and share pictures of family, house, and pets
- Discuss favorite hobbies
- Buy your mentee a small journal or notebook; write down thoughts and feelings during the week and share them when you see each other
- Swap photos of each other
- Read, read, read

(Developed by Dr. Susan Weinberger)