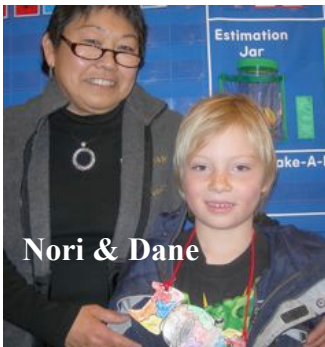


Grand Area Mentoring / 435-260-9646

The Mentoring Movement



Matt & Ron



Nori & Dane



Dan & Cory



Joel & Hunter



Trevor tackling Uno Stacko!

Mentoring: What do we know?

- An estimated 8.5 million youth in the U.S. (about 20%) do not have caring adults in their lives. Those from disadvantaged homes and communities are over-represented in this number.
- Young persons who lack a strong relationship with a caring adult while growing up are much more vulnerable to a host of difficulties, ranging from academic failure to involvement in serious risk behaviors. Research finds that resilient youth – those who successfully transition from risk-filled backgrounds to the adult world of work and good citizenship – are consistently distinguished by the presence of a caring adult in their lives.

Mentoring programs are capable of making a positive difference in multiple domains of youth behavior and development:

- Improvements in self-esteem
- Better relationships with parents and peers
- Greater school connectedness
- Improved academic performance
- Reduction in substance use, violence, and other risk behaviors.

From: Cavell, et. al. (Feb 2009). *Strengthening Mentoring Opportunities for At-Risk Youth. Policy Brief.* Available online at: http://www.nwrel.org/mentoring/pdf/mentoring_policy_brief.pdf



4-Square Mentor Classic at HMK

A Lesson in Sewing



Lynn brought her sewing machine, and taught Angela how to create a little bed. Nice job!



This Month in Mentoring

- **March 8:** Daylight Savings Time Begins. Don't forget to turn your clocks ahead one hour.
- **March 21:** Canyonlands Half Marathon. Join us to operate a race aid station and earn GrandAM a donation. See reverse for more information!
- **April 4-12:** Spring Break, No school. No mentoring. Plan ahead & remind your mentee!



Courtney & Kathy

Grand Area Mentoring

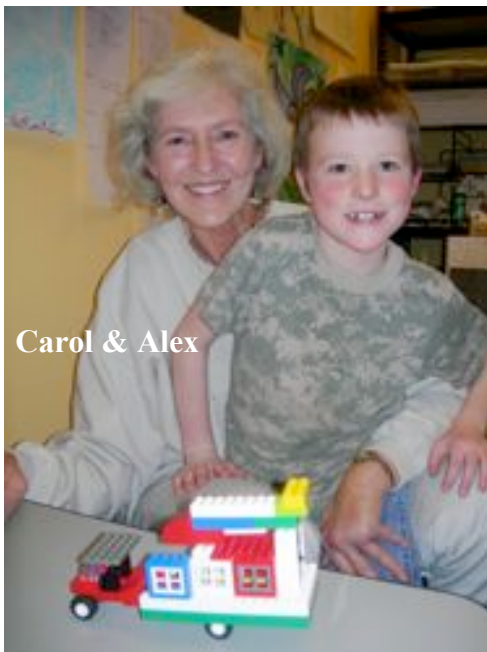
GrandAM
264 South 400 East
Moab, Utah 84532

Phone:
435-260-9646

E-Mail:
grandareamentoring@gmail.com

www.grandschools.org/mentor

Moving Forward Together



Carol & Alex

Idea of the Month:

Tangrams Online

Kids can practice their spatial savvy with this seven-piece Chinese puzzle. Here's how to find it online:

1. Pull up Google.
2. Search "Tangrams Online."
3. Click on the **PBS Kids** link.
4. Follow the instructions.

There is a hint option, which will keep the motivation up if you or your mentee get stuck. This is a great visual puzzle with learning potential! Have fun!

www.grandschools.org/mentor/toolbox.html

GrandAM Canyonlands Half Marathon Aid Station



If you are free on March 21, please join us and help at the Canyonlands Half Marathon aid station. This event is fun and earns the mentoring program a valuable donation from the race directors. Your help will be greatly appreciated... and you get some free loot too! (A t-shirt, and possibly a hat!)

Meet at Grand County Middle School in the morning. For more details, call Dan at 260-9646.

Who: Mentors and their families.

When: March 21, approx. 7:30-Noon (call to sign up)

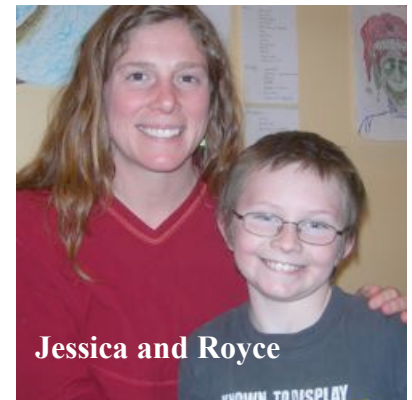
Where: We will meet at the Middle School around and then drive out to the Aid Station.

Why: GrandAM gets a \$400 stipend. You get to meet other mentors and have fun.



Kataleena & Lois

Kataleena and Lois tried February's Idea of the Month: **No Bake Cookies**. Here they are enjoying their creation. **Try this month's fun idea!**



Jessica and Royce

Thank you for being a mentor. Thank you for giving an hour each week. If you read the front page segment, you know that we have more children that need mentors.

Please ask to your friends and families to consider donating an hour each week to a student that has few or zero caring adults in his or her life. Share this newsletter. Explain that mentoring is fulfilling and fun. Your testimonials can help us serve more students.

We are also trying to raise money to keep the program solvent next year. If you have any ideas about how we might raise money, please call Dan at 260-9646.

Your thankful support staff,
Dan and Megan (260-9645)

