

Grand Area Mentoring / 435-260-9646

You are the change.

Mentoring Supported by the First Family

We've always known the value of the service you provide your mentee each and every week, but it seems your efforts are finally gaining the national attention they deserve. Our new leadership in Washington holds mentoring in high regard as it calls for a resurgence in community service.

President Obama's appeal for mentors circulated in both the New York Times and Newsweek over the past two of months. On Martin Luther King's birthday, Michelle Obama called for a day of service, issuing the following statement: "Whatever service activity you organize or take part in – cleaning up a park, giving blood, volunteering at a homeless shelter, *or mentoring an at-risk youth* – you can help start this important journey... Now is the time to remind all Americans what ordinary people can accomplish when we stand together."

We hope you feel proud. You have already accepted the invitation to mentor a child in need. You are leaders in our community, an example to others in this new era of responsibility for which our president has called. Thank you for your efforts. Thank you for your wonderful service.



Justeen and Barb

"What is required of us now is a new era of responsibility – a recognition, on the part of every American, that we have duties to ourselves, our nation, and the world, duties that we do not grudgingly accept but rather seize gladly, firm in the knowledge that there is nothing so satisfying to the spirit, so defining of our character, than giving our all..."

- Barack Obama, 1/20/09



This Month in Mentoring

- February 14: Valentines Day.
- February 16: Holiday. **No Mentoring!**
- February 27: No School. **No Mentoring!**

Grand Area Mentoring

GrandAM
264 South 400 East
Moab, Utah 84532

Phone:
435-260-9646

E-Mail:
grandareamentoring@gmail.com

www.grandschools.org/mentor

Moving Forward Together

Four Tips for Communication: from the book What Kids Need to Succeed

- 1) Regularly ask your student about what they think and believe. Use questions, not challenges. Accept and respect that you won't agree on everything.
- 2) Never label a child's beliefs as silly, stupid, childish, or wrong. Remarks like "you may believe this now, but when you're older..." are guaranteed conversation stoppers.
- 3) Don't assume your student isn't in touch with what's happening in the world. Many kids are very aware of and deeply disturbed by news reports of famine, violence, and terrorism, often accompanied by frightening images. They need to talk with caring, supportive adults about what they have seen and heard.
- 4) If you don't know the answer to a question, help your student to find it. Visit the library together, ask an expert, or do some research.

February Gallery



Idea of the Month:

No Bake Cookies!

Use the provided recipe to make a batch of "No Bake Cookies" with your mentee. Your student will learn gratification and patience by following instructions and being rewarded with a tasty treat to share with their family.

Thanks Susan and Sue for the great idea and the recipe!



NO-BAKE COOKIES

Begin by mixing the following ingredients thoroughly:

½ cup peanut butter, ½ cup honey,
¼ cup orange juice concentrate,
1 ½ cups nonfat dry milk solids

Then choose one of the following steps:

- a) **OR's:** 2 cups rolled oats, 1 ½ cups raisins. Mix Shape into balls, then flatten. Makes 3 dozen medium cookies.
- b) **Crispy Balls:** 4 cups crispy cereal mix. Shape into small balls. Makes 4 dozen.
- c) **Raisin Clusters:** ¼ cup cocoa, 4 cups raisins. Mix and cluster into small balls. Makes 4 dozen.



www.grandschools.org/mentor/toolbox.html

Remember that we are here to support you in your efforts. Please call us with questions or concerns. Thanks again for all you do.

Dan (260-9646) and Megan (260-9645)