

## Getting It Done

“It” =

- **Building Confidence**
- **Role modeling compassion**
- **Having fun at school**

Our children are always watching what we do, say, and believe. Demonstrating our values is the best method of exposing our mentees to respect and care that many lack in their daily lives. All you have to do is show up every week, be present during the session, and bring out the best in yourself.

*Here are a few more tips:*

- **Let her do it.** Many students simply want to hear you say *good job, that’s a creative idea, or I’m so impressed.* You don’t always have to be doing a whole lot; the student will be elated to have you watch her work.
- **Be flexible.** Maybe your plans didn’t work out. Nothing is perfect. Ask your mentee what he would like to do. He will come up with some wonderful ideas! (See “Idea of the Month” for one.)
- **Listen.** Let your mentee control the conversation. See what she brings up, and ask open-ended questions to get her thinking more deeply about the topic.
- **Share with him.** Explain your hobbies. Show photos, equipment, and examples of what you do in your free time. Be open about your goals. Your enthusiasm will demonstrate that adults pursue fun, healthy activities and foster their own personal growth.



### Welcome New Mentors!

Jen Sadoff, Brenda Tupek, Kathy Cooney, Catherine Sturman, Jessica Driskell, Marcia Tendick, Wendy Hoff, Jeanine Saia, Sarah Henderson, & Chris McGraw.



### Welcome back, Veteran Mentors!

Jeri Hamilton, Tom Warren, Wendy McDougald, Elizabeth Lamoureux, Anthony Mason, Dan McNeil, Megan McGee, Cathy Birsfield, Lois Jamison, Karen Hostetter, Pete Apicella, Beth Joseph, Tim Graham, Evelyn Cheng, Jim McGann, Kevin McGann, Hillary Mead, Michael Carlson, Martin Hamaker, Shirley Cather, Judy Carroll, Danette Johnson, Erin Cooper, Joel Hickok, Kathy Reske, Nicole Whitney, John Geiger, Melinda Snow, Karen Henker, Wendy Dickson, Peggy O’Reilly, Michael McCue, Linda Peek, Justin Snow, Thatcher Vagts, Jim Webster, Carol Almson, Lori Klein, Linda Bynum, Lois Cooper, & Ron Olsen.

**YOU’RE THE BEST!**



### Fundraiser a \$9,000 Triumph

Thank you, Robert, for the wonderful fundraiser you sponsored on behalf of GrandAM.

And thank you to Cosy Sheridan, Moab Taiko Dan, and all the people that helped make the event successful.

### RUN to sign up for the fun mentor/mentee activity in October!



- Help and cheer at the “Canyonlands Half Marathon” aid station.
- October 21, 2007
- 25 spots available for students and mentors. Call 260-9646 to sign up.
- Mentors and mentees will meet at the Middle School early Sunday morning for a 7AM sharp departure.
- Will earn GrandAM \$200 donation from the race organizers!

## Grand Area Mentoring

433 South 100 East  
Moab, Utah 84532  
United States

Phone:  
435-260-9646

E-Mail:  
grandareamentoring@gmail.com

Website:  
www.grandschools.org/mentor

*One person can make a difference.*

*Be that person.*



**DON'T MISS  
THESE  
DATES!!**

ALSO!!!

Save the date:  
**November 10**, Field  
trip to Negro Bill  
Canyon

## *This Month in Mentoring*

- **October 4+5:** Mid Term Conferences – No School. *No Mentoring.*
- **October 18:** Brown Bag Lunch. Come to the District Office at noon to meet other mentors and discuss mentoring ideas.
- **October 21:** Aid Station Field Trip. (See Previous Page.)
- **October 22-24:** Training. (See the table below.)
- **October 29+30:** UEA– No School. *No Mentoring.*



## GrandAM October Training

**Activities Workshop I: October 22, Noon-1:30PM, GCSB Board Room OR October 23, 5-6:30PM, GCSB Board Room.**

Get ready to learn about some enjoyable, creative activities that you can do with your mentee. With ideas for most age groups, this training will ease your anxiety about what you're going to do with your mentee next. Don't miss this fun opportunity to expand your mentoring repertoire.

Please RSVP: 259-9646.

**School Culture: October 23, Noon-1:30PM, GCSB Board Room.**

How can we manage diversity in our schools? How can we improve the school-day culture? How do we let students establish a regular presence at school? These topics and more will be discussed. Welcome teachers, administrators, counselors, and others.

Please RSVP: 259-9646.

**Mentor Orientation and Training: October 22, 5-7:00PM, GCSB Board Room OR October 24, 10AM-Noon, GCSB Board Room.**

*This is for new mentors.* Learn about how to be a great mentor, school procedures, and what to expect when you start. There are 2 sessions available. Every mentor must come to one session. Open to teachers, administrators, counselors, and others.

Please RSVP: 259-9646.

You are making this fall a spectacular one for our children. Please keep up the great work and call with any questions or concerns.

Dan McNeil 260-9646



Janeth & Carol

“We wander through this life together in a semi-darkness in which none of us can distinguish exactly the features of his neighbor. Only from time to time, through some experience that we have of our companion, or through some remark that he passes, he stands for a moment close to us, as though illuminated by a flash of lightning. Then we see him as he really is.”

–Albert Schweitzer

### Idea of the Month: (Thanks, Meritt!)

Using the supplies in the mentoring room or that you bring, draw a portrait of each other during your mentoring session. You can include some of the other person's favorite colors, activities, or subjects in the picture. Make it colorful and hang your art in the mentoring room for others to see – and include your names! For more ideas, visit the website:

[www.grandschools.org/mentor](http://www.grandschools.org/mentor)

